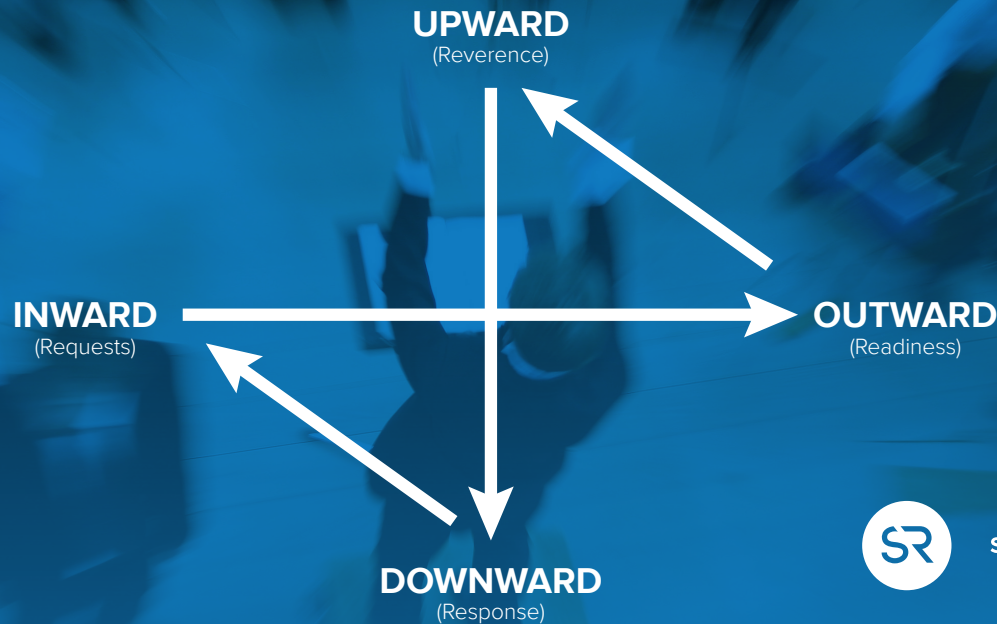


The 4/4 Pattern of Prayer

"The only enduring motive for prayer is that God is worthy to be sought" – Daniel Henderson



STRATEGIC RENEWAL

A Model from Jesus: Matthew 6:9-13

UPWARD STROKE: REVERENCE

*"Our Father who is in
heaven, Hallowed be Your
Name"*

Ask: Who is God?
Prayers of Praise &
Thanksgiving

DOWNWARD STROKE: RESPONSE

*"Thy will be done on earth
as it is in Heaven"*

**Ask: How should I
respond? Pause and
listen, pray in response
to God's will and
invitation**

INWARD STROKE: REQUESTS

*"Give us this day our daily
bread and forgive us our
debts as we forgive our
debtors"*

**Ask: What should I pray
about? Pray with heartfelt
requests around the themes
of resources (spiritual, physical
emotional) & relationships
(your relationship with God
and others)**

OUTWARD STROKE: READINESS

*"And lead us not into
temptation, but deliver
us from the evil one."*

**Ask: Where do I go
from here? Prayers of
claiming God's promises
to overcome the spiritual
battles before us.**

FINAL UPWARD STROKE: PRAISE

*"For thine is the kingdom,
and the power, and the
glory, forever.
Amen."*

**We conclude our time of
prayer with the same
way we began, a high
note of praise!**